

First Reading: 1 Kings 19:4-8

⁴[Elijah] went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors."⁵ Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat."⁶ He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. ⁷The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you."⁸ He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.



Psalm: Psalm 34:1-8

¹I will bless the Lord at all | times;
the praise of God shall ever be in my | mouth.

²I will glory in the | Lord;
let the lowly hear and | rejoice.

³Proclaim with me the greatness of the | Lord;
let us exalt God's name | together.

⁴I sought the Lord, who answered | me
and delivered me from all my | terrors.

⁵Look upon the Lord and be | radiant,
and let not your faces be | ashamed.

⁶I called in my affliction, and the Lord heard | me
and saved me from all my | troubles.

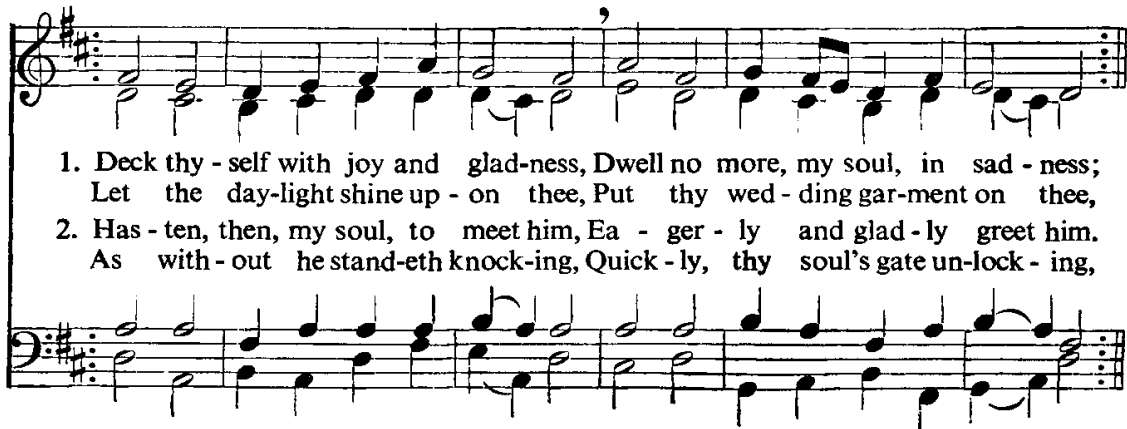
⁷The angel of the Lord encamps around those who fear the | Lord
and delivers | them.

⁸Taste and see that the Lord is | good;
happy are they who take refuge in | God!

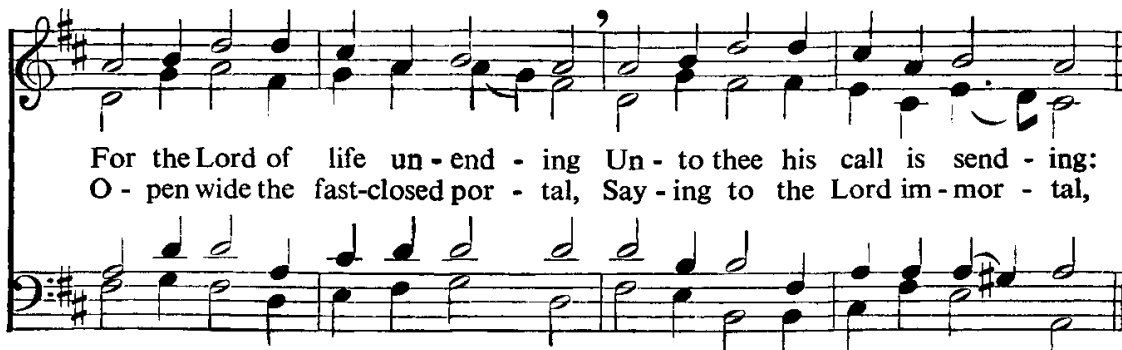
Gospel: John 6:35, 41-51

³⁵Jesus said to [the crowd,] "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. ⁴¹Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." ⁴²They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven?'" ⁴³Jesus answered them, "Do not complain among yourselves. ⁴⁴No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. ⁴⁵It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. ⁴⁶Not that anyone has seen the Father except the one who is from God; he has seen the Father. ⁴⁷Very truly, I tell you, whoever believes has eternal life. ⁴⁸I am the bread of life. ⁴⁹Your ancestors ate the manna in the wilderness, and they died. ⁵⁰This is the bread that comes down from heaven, so that one may eat of it and not die. ⁵¹I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

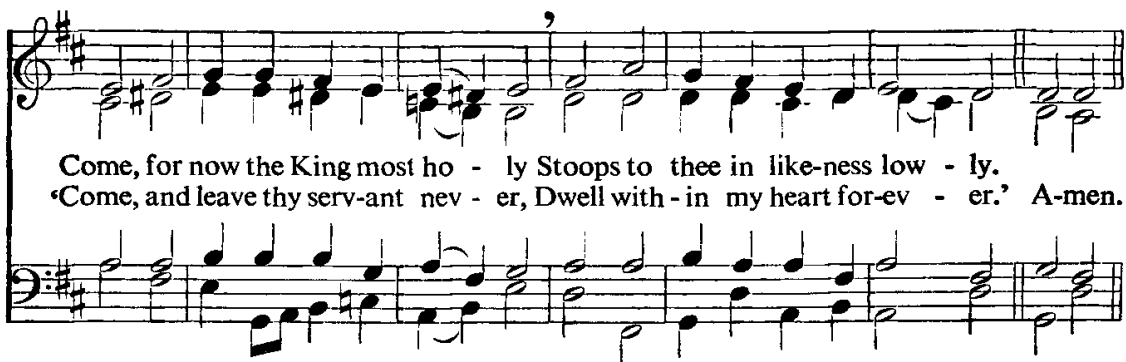
HYMN OF THE DAY



1. Deck thy - self with joy and glad-ness, Dwell no more, my soul, in sad - ness;
Let the day-light shine up - on thee, Put thy wed - ding gar - ment on thee,
2. Has - ten, then, my soul, to meet him, Ea - ger - ly and glad - ly greet him.
As with - out he stand - eth knock - ing, Quick - ly, thy soul's gate un - lock - ing,



For the Lord of life un - end - ing Un - to thee his call is send - ing:
O - pen wide the fast - closed por - tal, Say - ing to the Lord im - mor - tal,



Come, for now the King most ho - ly Stoops to thee in like - ness low - ly.
'Come, and leave thy serv - ant nev - er, Dwell with - in my heart for - ev - er.' A - men.

3 Jesus, source of life and pleasure,
Truest friend and dearest treasure,
Joy, the sweetest man e'er knoweth;
Fount, whence all my being floweth:

Humbly now I bow before thee,
And in penitence adore thee;
Worthily let me receive thee,
Perfect peace and pardon give me. Amen.

CLOSING HYMN



1 Be thou my vi - sion, O Lord of my heart;
2 Be thou my wis - dom, and thou my true word;
3 Rich - es I heed not, nor vain, emp - ty praise,
4 Light of my soul, af - ter vic - to - ry won,



naught be all else to me, save that thou art:
I ev - er with thee and thou with me, Lord.
thou mine in - her - i - tance, now and al - ways:
may I reach heav - en's joys, O heav - en's Sun!



thou my best thought both by day and by night,
Thou my soul's shel - ter, and thou my high tow'r,
thou and thou on - ly, the first in my heart,
Heart of my own heart, what - ev - er be - fall,



wak - ing or sleep - ing, thy pres - ence my light.
raise thou me heav'n - ward, O Pow'r of my pow'r.
great God of heav - en, my trea - sure thou art.
still be my vi - sion, O Rul - er of all.